

“Believe You Can”

2015

Interschool – Competitions

by



SEEK FOUNDATION

in association with

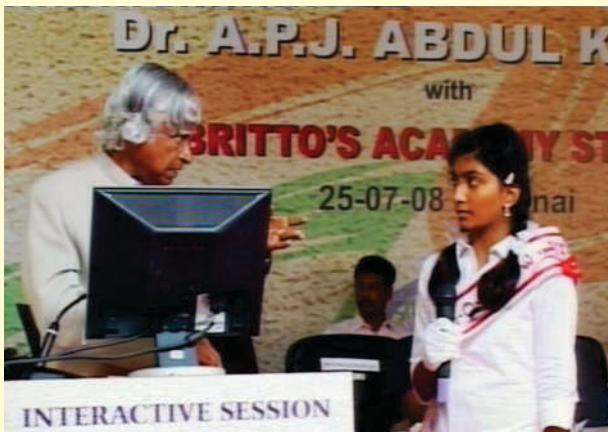
ST. BRITTO'S GROUP OF INSTITUTIONS

“Believe You Can”

CHRONICLES

YOUNG FORUM – IGNITION

Our Former President, Dr. APJ Abdul Kalam's visit to the school for an Interactive session with the students ignited the start of the Intellectual events. Students were motivated by his inspiring words to dream big and work towards making the dream a reality.



Last year, Various competitions were organized with the aim of empowering the students with creative skills and to enhance their knowledge in different subjects. Total of 40 schools participated in different competitions. The competitions included Innovative Science projects, PPT, Panel Discussion, Thesis Submission and so on to aid in connecting classroom and life. The winner was DAV Public School and Runner up was Sunshine Senior Secondary School. Cash Awards, Prizes and certificates were distributed to the winners.

ASSET

Splash '14 – Interschool Swimming Meet , a part of ASSET was organized at St. Britto's Academy on 11.10.2014 for Boys & Girls under 5 different age category. 35 Schools Participated in the meet. The event started with Breast Stroke, Butterfly stroke & finally ended with Relay. In all 66 events were organized under different categories. Fitness and training regime was emphasized during the meet. RMK Residential School won the overall championship.



ROYAL GRIDLOCK

An inter-school cultural Mega fest conducted annually attracts 50 city schools. The students compete in various competitions like Music, Dance, Channel Surfing, Beat Boxing, and Lawyer's Up, Voice over, Shipwreck. It brings out various skills in students. The school which tops the event is given a cash award of Rs. 15,000 and a rolling trophy. Last Year Royal Grid lock was conducted on 7th and 8th November 2014. 35 schools participated in this cultural meet. The Overall Champion Rolling Trophy was won by DAV Public, Velachery and the First Runner Up was Sunshine Sr. Sec. School.

“Believe You Can”



EVENTS

YOUNG FORUM
INTELLECTUAL EVENTS
13th to 16th Aug 2015

ROYAL GRIDLOCK
CULTURAL EVENTS
20th to 23rd Aug 2015

ASSET
SPORTS TOURNAMENT
22nd Aug 2015 onwards

Young Forum

Intellectual Event



Objectives :

To develop Basic skills –

Observing, Inferring, Classifying, Predicting, Defining, Interpreting, Experimenting, Formulating models.

Categories

KG / I & II/ III – V/ VI – VIII/ IX - XII

KG / I & II/ III – V

QUIZ
TALK SHOW
IMAGE 'N' MESSAGE

VI – VIII/ IX - XII

QUIZ
TALK SHOW
POWER POINT PRESENTATION
INFOGRAPHICS

Note: Details attached...

Young Forum Competitions 13th -16th August

THEME	THE PLANET	POLLUTION	CLEANLINESS	SAFETY
TITLE	<i>Know it all</i>	<i>Tie the bell</i>	<i>Swachh Bharat</i>	<i>Battle of the Brains</i>
PROGRAMME Type	Quiz	Talk Show	Image 'n' Message/ PPT Presentation	Using Technology - INFOGRAPHICS
KG	Plants	Water - Sources, Its uses, How we can save water(T)	Personal Hygiene- Image 'n' Message	-
Description	Quiz questions will be based on the topic- Picture representation Prelims -15 mins - matching type/ Finals - 10 schools will be selected.	Its Sources, uses and how we make it dirty, how we can save water should be told by students.	Students should use Picture cards to explain how to keep themselves clean	-
No of participants	2	2	2	
Time Limit	Prelims - 15 mins/ finals 1 Hr	1 Hr	3 mins	
I & II	Animals	The air we breathe - How pure is it and what can we do about it (Eng)	Home Hygiene - Image 'n' Message	-
Description	Quiz questions will be based on the topic- Picture representation/ Question & Answer type	Students should talk about Where the AIR comes from and HOW it is polluted and How they can help to keep it pure it for the present and the future.	Students should use Picture cards to explain how to help in keeping their home clean	-
No of participants	2	2	2	
Time Limit	Prelims - 15 mins/ finals 1 Hr	1 Hr	3 mins	
III - V	Earth	Food on your plate- Where all it comes from and what are the Adulterants (Tamil)	Toilet Hygiene - Image 'n' Message	Design a poster - 1 page TOPIC "BE SAFE" - On Road"
Description	Quiz questions will be based on the topic- Question & Answer type Prelims - written -15 mins Finals - Q & A type oral 10 teams will be selected for finals	Students should talk about Where the food comes from and what are its adulterants and How we need to keep ourselves healthy .	Students should use Picture Cards to explain how to Help in keeping the toilets clean and what are the effects of improper maintenance.	Topic given. Students should design a poster of A4 size using computer. They can download pictures & texts and fit in the poster creatively. They can operate on MS-word/Publisher. Give a caption and a slogan.
No of participants	2	2	2	2
Time Limit	Prelims - 15 mins/ finals 1 Hr	1 Hr	3 mins	1 Hr

Young Forum Competitions 13th to 16th August

THEME	THE PLANET	POLLUTION	CLEANLINESS	SAFETY
TITLE	<i>Know it all</i>	<i>Tie the bell</i>	<i>Swachh Bharat</i>	<i>Battle of the Brains</i>
PROGRAMME Type	Quiz	Talk Show	Image 'n' Message/ PPT Presentation	Using Technology - INFOGRAPHICS
VI - VIII	Space	Items in your medicine cabinet- What are the protocols laid/bans for certain substances and How we can be aware(E)	Hygiene in Public Places - PPT	Design a Brochure TOPIC on SPOT
	Quiz questions will be based on the topic- Question & Answer type Prelims - written -15 mins Finals - Q & A type oral 10 teams will be selected for finals	Students should talk about Where the medicines comes from and what are its terms& conditions and How they need to keep themselves aware .	Students should use PPT to explain how the PUBLIC SPACES are spoiled & how they can help to keep it clean.	INDIVIDUAL TOPIC will be given on spot. Students should design a brochure of A3 size using computer. They can download pictures & texts and fix in the brochure creatively. They can operate on MS- word/Publisher Give a caption and a slogan.
No of participants	2	2	2	2
Time Limit	Prelims - 15 mins/ finals 1 Hr	1 Hr	4 mins/ Max 15 slides	1 Hr
IX - XII	Advancement Science & Technology	Our OCEAN ; Our PLASTICS - How we pollute/How we can Protect & Restore oceans & coasts(Tamil)	Waste management PPT	Design an E - Magazine – 4pgs TOPIC on SPOT
Description	Quiz questions will be based on the topic- Question & Answer type Prelims - written -15 mins Finals - Q & A type oral 10 teams will be selected for finals	Students should talk abo ut How oceans are polluted by Plastics, Chemicals involved, harmful effects, and methods of restoring & protecting oceans and coasts.	Students should use PPT to explain an innovative model/ plan to manage city waste-degradable non- degradable, e-waste etc.	INDIVIDUAL TOPIC will be given on spot. Students should design a e-magazine of 4 pages in A4 size using computer. They can download pictures & texts and fix in the brochure creatively. They can operate on MS- word/Publisher. Give a caption and a slogan.
No of participants	2	2	2	2
Time Limit	Prelims - 15 mins/ finals 1 Hr	1 Hr	4 mins/ Max 20 sli des	1 Hr

TIMINGS & VENUE - YOUNG FORUM

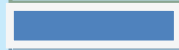
Events	Quiz	Talk Show	Image n message/ PPT	Infographics
Venue	SBA - Dance room	SBC - Conference	SBA- SMR HALL / SBM AV ROOM	SBA/ SBC - Comp. Lab
Day 1 13.8.2015	KG - Prelims - 9.00 am	KG - 9.00am (TAMIL)	SBA (SMR) KG - 9.00am	
	KG - Finals - 10.00am			
	I & II - Prelims - 9.00 am	I & II - 12.00nn (ENGLISH)	SBA (SMR) I & II - 1.00pm	
	I & II - Finals - 12.00nn			
	III - V- Prelims 9.00 am	III - V - 2.00pm (TAMIL)	SBM III - V - 9.00 am	SBA (C.Sc Lab) III - V - 9.00am
	III - V- Finals 2.00pm			
Day 2 14.8.2015	VI - VIII - Prelims 9.00am	VI - VIII - 1.00pm (ENGLISH)	SBA (SMR) VI - VIII - 9.00am	SBA (C.Sc Lab) VI - VIII - 9.00am
	VI - VIII Finals - 10.00am			
	IX - XII - Prelims - 9.00 am	IX - XII - 9.00am (TAMIL)	SBM (AV) IX - XII - 9.00am	SBC (C.Sc Lab) IX - XII 9.00am
	IX - XII - Finals - 12.00nn			
Set	Recording	Recording	Screening & Documentation	Screening & Documentation



VENUE - ST. BRITTO'S ACADEMY VELACHERY



VENUE - ST. BRITTO'S MHSS



VENUE - ST. BRITTO'S COLLEGE, ADAMBAKKAM

Royal Grid Lock

Cultural Event

Objectives :

Cultural events help in

Improved cognitive performance

Visual and verbal skills

Improved Quality of life

Boosting immune system & reducing pain

Keeping brain healthy

Improving balance and spatial awareness

Developing physical confidence

Enhancing mental functioning

Empowering flexibility

Categories

KG/ I & II/ III – V /VI – VIII/ IX & X/XI & XII

KG / I & II/ III – V

DANCE
MUSIC

VI – VIII

DANCE, MUSIC
TECHNOLOGY, THEATRE

IX - X/XI & XII

DANCE, MUSIC, INSTRUMENTAL
TECHNOLOGY, THEATRE

Note: Details attached...

Royal Gridlock Competitions 20th to 23rd August 2015

<i>Title</i>	<i>Sway & Swirl</i>	<i>Melody Chimes</i>	<i>Lines & Spaces</i>	<i>Tech - Savy</i>	<i>NADAGAM</i>
PROGRAMME TYPE	Dance	Music	Instrumental	Technology	Tamil Drama
KG & PRIMARY					
KG	Korean Fan Dance	Any English Songs from Barbie	-	-	-
No of participants	6 to 8	6 to 8			
Time Limit	3 mins	3 mins			
I & II	Hip- hop	Songs from Disney Movies	-	-	-
No of participants	6 to 8	6 to 8			
Time Limit	3 mins	3 mins			
III - V	Tap Dance	Western Pop Songs - Album	-	-	-
No of participants	6 to 8	6 to 8			
Time Limit	3 mins	3 mins			
HIGH SCHOOL & HIGHER SECONDARY					
VI - VIII	Indian Folk Dance	Tamil Songs with Meaningful Lyrics	-	Documentation - Our Artisans	EPIC-SARITHIRA NADAGAM(T) Topic-Friendship
No of participants	6 to 8	6 to 8		3	6 to 8
Time Limit	4 mins	4 mins		4 mins	15 mins
IX & X	Cheer Leaders dance - Adaptune	Accapella/ Beat boxing	STRINGS ensemble	Advertisement - Commercial / Ad film	DETECTIVE STORY Topic- DUTY
No of participants	6 to 8	6 to 8	6 to 8	3	6 to 8
Time Limit	4 mins	4 mins	4 mins	4 mins	15 mins
XI & XII	Illuminate - Glow in the dark dance	Rap Songs	Rock Band	Short Film - Humour & Thriller	COMEDY- NAGAICHUVAI NADAGAM Topic- Perseverance
No of participants	6 to 8	6 to 8	6 to 8	3	6 to 8
Time Limit	4 mins	4 mins	4 mins	4 mins	15 mins

TIMING & VENUE: ROYAL GRIDLOCK

Events	Dance	Music	Tech Savy	Instrumental	Theatre
Venue	SMR Hall	Matric AV room	Conference/ AV room	Matric - New Stage	Dance room
Day 1 20.8.2015	KG - 9.00am	KG - 9.00am			VI - VIII - 9.00am
	I & II - 1.00pm	I & II - 1.00pm			
Day 2 21.8.2015	III - V - 9.00am	III - V - 9.00am	VI - VIII - 9.00am	IX & X - 9.00am	IX & X - 9.00am
	VI - VIII - 1.00pm	VI - VIII - 1.00pm			
Day 3 22.8.2015	IX & X - 9.00am	IX & X - 9.00am	IX & X - 9.00am	XI & XII - 9.00am	XI & XII - 9.00am
	XI & XII - 1.00pm	XI & XII - 1.00pm	XI & XII - 9.00am		
Set	Recording	Recording	Screening & Documentation	Recording	Recording



VENUE - ST;BRITTO'S !C!DEMY, VEL!CHERY



VENUE - ST;BRITTO'S MHSS



VENUE -ST;BRITTO'S COLLEGE, !D!MB!KK!M

ASSET

Aim ; Sincere ; Sportive; Energetic ; Team spirit

Sports Tournament

CATEGORY – BOYS & GIRLS (VI – VIII /IX – XII)

CRICKET - UNDER 19

ATHLETICS

SPLASH - SWIMMING

FOOTBALL

CARROM & CHESS

THROWBALL

KHO-KHO

VOLLEY BALL

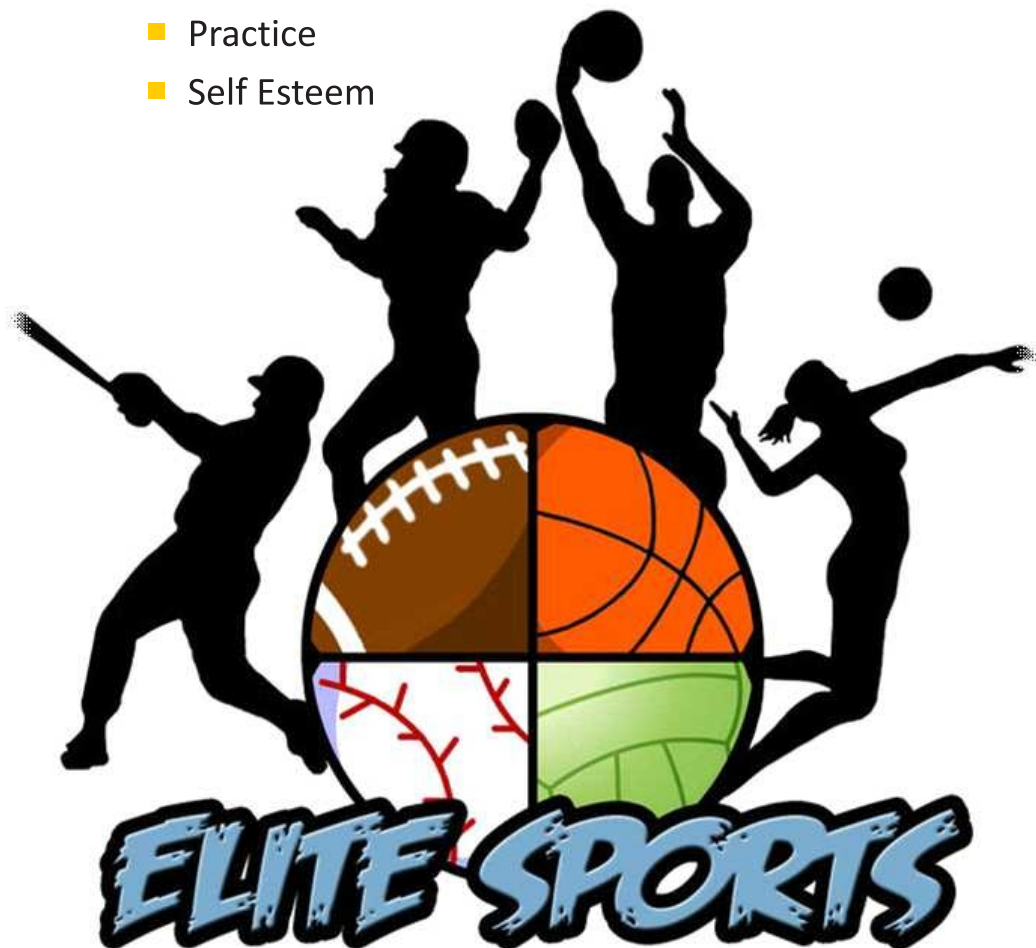
TENNICOIT

BASKET BALL

KABADI

Physical & Social Benefits of Playing Sports

- Sports improve academic skills
- Improved Physical and Psychosocial Health
- Develops Concentration skills and
- thus higher grades, expectations & attachments
- Stronger Peer relationships
- More restraint in avoiding risky behavior
- Greater involvement in volunteer work
- Prevention from disease
- Team work
- Positive mentor
- Time Management
- Success mindset
- Leadership skills
- Fitness
- Greater sense of belonging
- Persistence
- Patience
- Practice
- Self Esteem



ASSET

22nd August 2015 Onwards

VENUE- POLICE GROUNDS - GAMES & ATHLETICS

DATE	22.08.2015		29.08.2015	
S.NO	DIVISION A GIRLS	DIVISION B GIRLS	DIVISION A BOYS	DIVISION B BOYS
1	KHO -KHO	KHO -KHO	KHO -KHO	KHO -KHO
2	THROW BALL	THROW BALL	BASKET BALL	BASKET BALL
3	VOLLEY BALL	VOLLEY BALL	KABADI	KABADI
4	TENNICOIT	TENNICOIT	VOLLEY BALL	VOLLEY BALL
5	FOOT BALL		FOOT BALL	FOOT BALL
6	SCHOOL BAND			
7	BEST DRILL FORMATION			
ATHLETICS				
8	100	100	100	100
9	200	200	400	400
10	800	800	1500	1500
11	LONG JUMP	LONG JUMP	LONG JUMP	LONG JUMP
12	SHORT PUT	SHORT PUT	SHORT PUT	SHORT PUT
13	4 X100 RELAY	4 X100 RELAY	4 X100 RELAY	4 X100 RELAY
DATE 24.10.2015		VENUE - SBA		
14	CARROM	CARROM	CARROM	CARROM
15	CHESS	CHESS	CHESS	CHESS
16	SWIMMING SPLASH'15	SWIMMING SPLASH'15	SWIMMING SPLASH'15	SWIMMING SPLASH'15
DATE & VENUE WILL BE INTIMATED LATER				
17	—		CRICKET-UNDER 19	

List of Schools participated in

"Believe You Can" 2014

1. Hindu Senior Secondary School, Adyar	38. Sree Narayana Mission SSS
2. Bala Vidya Mandir, Adyar	39. Amrita Vidyalayam
3. Sankara Sr. Sec. School, Adyar	40. Little Oxford MHSS
4. P.S.Senior SS, Mylapore	41. Velammal Vidyashram
5. Chettinad Vidyashram, Besant Nagar	42. Kidzee Group
6. St. John's Public School, Besant Nagar	43. R M K Residential School
7. Vana Vani, IIT Campus, Raj Bhavan	44. APL Global
8. Sunshine, Velachery	45. Rosary Matric HSS
9. DAV Public School, Velachery	46. St. Bedes Anglo Indian HSS
10. National Public School, Gopalapuram	47. St. Joseph Matric HSS
11. PSBB, Nungambakam,	48. Sufa Matric School
12. PSBB ,KK Nagar	49. Hari Sri Vidyalaya
13. The Ashram, Guindy	50. Smt.NDJA Vivekanandha Vidyalaya
14. Bhavan's Rajaji Vidyashram, Kilpak	51. DAV, Gopalapuram
15. Boaz Public School, Gowrivakkam	52. Velankanni MHSS, Saidapet
16. St. John's Public School, Medavakkam	53. Don Bosco
17. BS Motha SSS	54. Madras Christian College HSS
18. Holy Family Matric HSS	55. Gateway International
19. Saraswathi Matric HSS	56. SBOA School & Junior college.
20. Alpha MHSS	57. St. Francis International
21. G K Shetty MHSS	58. St. Joseph's Anglo Indian Hr. Sec. School
22. CSI St. Stephen's MHSS	59. Kola Perumal Chetty Vaishnav SSS
23. Sacred Heart Matric HSS	60. SEED Academy
24. Violet Matric HSS	61. Maharishi Vidya Mandir
25. Shee Iyyappa Matric HSS	62. Chinmaya Vidyalaya
26. Shri Ram Matric HSS	63. CSI Ewart Matriculation HSS
27. Vivekanandha Vidyalaya	64. CSI Bains Matriculation HSS
28. Unity Public SSS	65. Doveton Corrie Boys Hr. Sec. School
29. NSN, Chitlapakkam	66. Gill Adarsh Matriculation HSS
30. NSN, Chrompet	67. Loyola Matriculation Hr. Sec. School
31. Srimathi Sundaravalli SSS	68. Modern Sr. Secondary School
32. Little Flower School	69. Pon Vidhyashram
33. Rajkumar Sulokchana MHSS, Madipakkam	70. St. Michaels Academy
34. Zion MHSS, Sembakkam	71. 7th Day Adventist HSS
35. Alwin Memorial, Madambakkam	72. National Public School
36. Rosily MHSS, Chitlappakam	73. Vels Vidhyashram
37. St. John's MHSS, Santhome	74. St. Patricks HSS
	75. St. Bedes Matriculation HSS

SEEK FOUNDATION



- Basic etiquette and life skills are being imparted.
 - Training in Sports & Games, Quiz competition, Painting & Drawing classes are conducted
 - Rhymes and poetry classes for Balwadi children
 - Coaching classes for the students who are going to board examination
 - General Medical camp for the benefit of entire village and Identified a congenital Heart condition for a one year baby and immediate treatment was given at the right time to save the child.
- Veterinary health care campaign
 - Swachh Bharath with the help of local bodies
 - Self-Employment programme like Computer Application, Book binding, Plumbing, Tailoring class, Jewelry making are being conducted

ST.BRITTO'S THEATRE ACADEMY (STBTA)

Theatre is a living art. It is broad base of experience and knowledge, of the arts, literature, history, culture, sciences, and communication. It is our ancient art form and it necessary to revive it by creating awareness regarding the richness and diversity of arts to become a culturally literate society.

Theatre arts make students perform better in academics by

- Improving cognitive skills
- Enhancing visual and verbal ability
- Developing self-confidence.
- Practice and perseverance from ideas and actions
- Indoctrinates self- discipline
- Trust in self and others thus improving social interaction
- Safe controlled environment, emotional outlet of Aggression and tension



STBTA staged 4 plays, one a bilingual – “RAJA PERIGAI” by Sandilyan & the other, “WINGS OF LOVE,” which was enacted by 500 students and intends to produce 2 plays in a year with the expertise trainers.

***We invite interested people
of all age group
to join this academy.***



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