



**ANNUAL REPORT**

**SEEK**

**FOUNDATION**

**Towards Creating a Better Nation**

**2015 -2016**

[www.seekfoundation.org](http://www.seekfoundation.org)

**Seek Foundation is a Non-Governmental Organization started to stimulate work towards welfare activities to create a better nation and brings consciousness towards basic health, education and empowerment to every citizen.**

## **Founder**

### **SEEK FONDATION**



From the very beginning, the ideals of the Institution were based on inclusion of the less privileged, thereby providing educational opportunity to all regardless of barriers in caste, creed and Economic status.

**To name, a few good will schemes implemented by her are**

- Extra classes and remedial classes for the slow learners without extra fee.
- Special attention to the children having learning difficulties (dyslexia) by specially trained full time permanent staff
- Spoken English classes are conducted free of cost to all the students
- Integrated curriculum in Music, Dance, Arts and Sports and Yoga
- Career Guidance courses conducted regularly and effectively.
- Regular rallies are arranged to educate the public in issues like “Keep environment clean” “Global warming”
- Merit scholarships for academic excellence
- Fee Concession for students belonging to economically weaker sections
- Concession for children of staff working in the organization
- Medical Insurance for students
- Regular Visits to Orphanages, Old Age Homes and Homes for the differently-abled by Staff and Students to provide support and reassurance, inculcating the value of giving back to the society at a young age.
- This inevitably paved the way for Mrs. Vimala Britto to form “**Seek Foundation**” which is an NGO serving the deprived community, working for women and child empowerment. It has started to stimulate work towards welfare activities to create a better nation and brings consciousness towards basic health, education and empowerment to every citizen.



Students exchange e-waste for saplings

## VILLAGE ADOPTION

➤ SEEK Foundation has adopted a village, Poondandalam in Uthiramerur, Kancheepuram District, and helps to make people to be self -sustainable by providing self-employment training and awareness programs. It caters to different levels of people by conducting various activities.

### Children & Students

Basic etiquette and life skills are being imparted

Training given in Sports & Games

Rhymes and Poetry classes are conducted with help of technology for Children

Coaching classes for the students who are appearing for the board examination

### Youth & Women

General Medical Camp for the benefit of entire village

Veterinary Health Care campaign

Swachh Bharath with the help of local bodies

Self – Employment Programme like computer Application, Book Binding, Tailoring Class, Jewelry Making are being conducted.

➤ The objective of the adopting the village is to make this village self- sustainable within 5 years and also adopt more villages on yearly basis and provide similar opportunities for all, thereby dispelling the ignorance from the thoughts and actions of the people thereby transforming the villages of India.



Providing the villagers with sewing machines, imparting training in jewelry making, counselling sessions for children to construct livelihood.



## HEALTH CAMPS



SEEK Organizes Blood Donation camps, Health camps covering eye, dental and so on pertaining to the need and the situation. Many people have benefitted by the camps. It was a touching moment when through our camp, a child was identified with coronary heart disease and immediate steps were taken to save his life.



## PROVIDING FOR THE UNDERPRIVILEGED



SEEK Donated Rs. 25,000 to the St. Loius College for the deaf

Giftng uniforms and bags for Don Guanella Special School



## VISIT TO ORPHANAGE

As part of its efforts to reach out to the needy, Seek Foundation provides essential articles and support to the orphanage in St.Thomas Mount. This venture also includes student visits from St. Britto Group of Schools to make them develop empathy and kindness towards children with no support.



## VENTURE- Children's Week Celebrations AWARENESS CAMPS



By Students for Students - SEEK imparts training for students of Government and Aided schools by training the senior students to impart life skills training. Every Year the topic varies and to name a few ENVIRONMENT, FAMILY, SWOTS, BEING ALIVE-BEING HUMAN and so on. This year activities and classes were conducted on the topic -

SAFETY highlighting Women and Child Rights and Protection from Child Abuse. Specific themes were planned for everyday-Good and Bad touch, Save Girl Child, Child Labor, Child Begging and Self-defense. The students reacted to and reported solutions to incidents happening around them. Awareness and responsiveness was initiated by the SEEK team.



## MY FLAG MY INDIA



SEEK was part of the world's National largest flag formed. The event saw 1.5 lakh participants forming the tricolor in association with Rotary club of India at YMCA grounds. Guinness official Syeda Subasi presented the certificate validating the effort. This event supports to provide Better sanitation, Education and Clean water. The message Keep India Polio free was formed.



## WOMANATHON

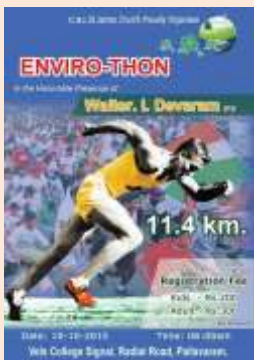
“Respecting women is not a choice” -Womanathon, a run to celebrate women was conducted the First time in India on International Women’s Day to pledge support to respect women and to help create a safe society. Today, the people who can do most to improve the situation of so many women and girls are in fact men. It is in their hands to stop violence towards women. RUN cause you RESPECT.

People participated in huge numbers and many ran along with their families. It was a proud moment when Chennai, Bangalore, Hyderabad and Mumbai all ran on the same day towards better life for women.



## ENVIROTHON

SEEK also was the cosponsor of Envirothon. A sum of Rs. 40,000 was contributed towards Envirothon, a Marathon event organized to create awareness on the need to save the earth from disaster. Seek Foundation is committed to the cause of environmental awareness.



**BOOK RELEASE - Seek Foundation** also released a book on former President APJ Abdul Kalam on 3<sup>rd</sup> October 2015 at Hotel Fortune, as a loving tribute to a great teacher who had visited our institution for an interactive session with the students.



The proceeds from the sale of the book will be utilized towards

- Stem cell research & development, Blood Bank, Blood Transfusion, Stem Cell Surgery through Jeevan Blood Bank
- PROSTHESIS – providing artificial Limbs weighing 400 gms to Physical Challenged Children to enable them to walk better, which was close to Dr. APJ Abdul Kalam’s heart
- Empowerment of villages through education and small scale industries.
- Dr. APJ ABDUL KALAM Award of Excellence in 10 different categories for Students and Teachers.

## MOTIVATING ACHIEVERS

Seek foundation has offered an award of Rs.10,000 to Ms.Lokeshwari, a young achiever in skating in August 2015. She has won in several competitions. The award money will help her in getting special coaching and scale greater heights. Scholarship Amount of Rs. 10,000 per month is given to Mr. Mugundh to complete his engineering degree to provide financial support to complete his education after the sudden demise of his father.





## COMPETITIONS for COLLEGE and SCHOOL STUDENTS

### Objectives:

To improve Cognitive Performance, Visual and Verbal Skills, Improved quality of life, Boosting Immune system & reducing Pain, Keeping Brain Healthy and active, Improving Balance and Spatial Awareness, Developing Physical confidence, Enhancing Mental functioning, Empowering flexibility.

### “BELIEVE YOU CAN”- to bring out TALENTS

Seek Foundation also Conducts various Interschool Competitions in Academic, Cultural and Sports titled “BELIEVE YOU CAN”. Last year more than 250 Schools from various districts of Tamil Nadu

competed in this. This “BELIEVE YOU CAN” paved the way for many students to

identify their inherent talents. Two books were published and released by the students on current issues – *Cleanliness* –Swachh Bharat and *Safety*



POWERED BY

SEEK FOUNDATION  
IN ASSOCIATION WITH

ST. BRITTO'S GROUP OF INSTITUTIONS

**BELIEVE YOU CAN '15**  
Interschool Competitions

**INTELLECTUAL**  
13<sup>th</sup> to 16<sup>th</sup>  
August 2015

**CULTURAL**  
20<sup>th</sup> to 23<sup>rd</sup>  
August 2015

**SPORTS**  
22<sup>nd</sup> August 2015  
onwards

Gate: 1 (IFT) | Talk show  
Inauguration  
Stage - vt message

Dance | Music  
Instrumental  
Drama | Tech Savy

Chess | Athletics | Swimming  
Football | Table Tennis | Badminton  
Carrom & Checkers | Rudo |  
Basket Ball | Kabaddi

St. Britto's Academic B.S.O.  
Marthal Road, Velupuram, Chennai-60

St. Britto's Sports College,  
No. 1, Off-road Colony, Abanban Road,  
Indira Nagar, Chennai - 60

St. Thomas Mount,  
Police Grounds

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Media Partner: **loobadi** | News Partner: **NEWS 7** | Print Partner: **Star of India** | Events Partner: **Quanta**

For Details visit [www.stbrittos.com](http://www.stbrittos.com) | Send your entries to [events@stbrittos.com](mailto:events@stbrittos.com)

## FLOOD RELIEF

Recently, December 2015 floods have left Tamil Nadu in want. It is a great responsibility of every citizen of Tamil Nadu to help rebuild the homes, by contributing to physical needs and providing psychological support. Mrs. Vimala Britto has a vision to create a community who will contribute to its transformation by their positive influence, which was evident during the Chennai Floods. She led her staff and students to reach out to the homeless by providing food, clothing and shelter during their dire need. Seek Foundation donated a sum of Rs.38,000 for Dr.sivakadatcham on November 25th. Our foundation helped in distributing food packets and releif materials in flood hit areas in vyasarpadi on 28th Noveber,2015.



**Contribution for providing food**

**Materials being distribution at Vyasarpadi**



## STUDENT INITIATIVE



Our students have pledged their support by rendering songs for a music album which is to be released soon, the proceeds of which will help rebuild the lives of these people.



This is a small way of expressing  
**“We Care”**

Visit: [www.seekfoundation.org](http://www.seekfoundation.org)